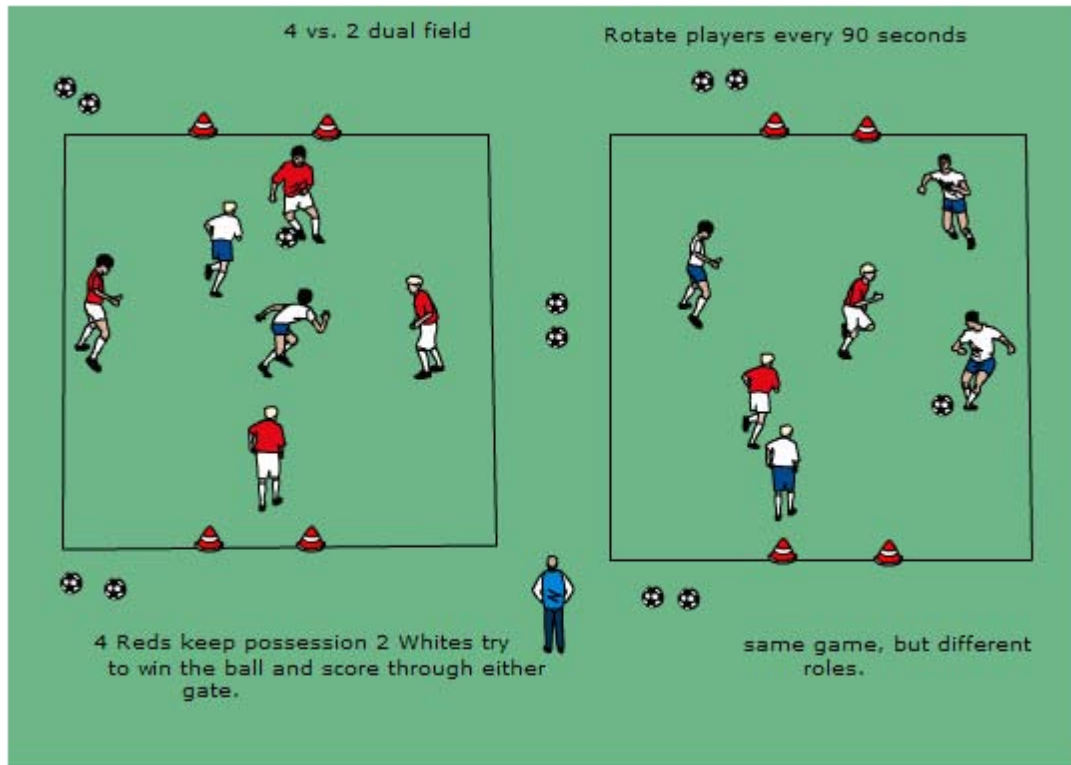


## 4 v 2 Dual Field



**The Set-up:** (as pictured). Set up two fields side by side. Field should be app. 20 x15 with a small gate on each end-line. Divide the 12 players into two groups of 6 (red and w

**The Game:** Coach can make the games competitive. Team that is numbers up get a point for connecting 5 straight passes', defenders' get a point for scoring between the gates. Play games to 3 or for a designated amount of time (90 to 120 seconds)

**Note:** The coach can make several adjustments to make this game more effective. 1. Can add an extra possession player creating 5v2. 2. Can make the field bigger if the 2 defenders are having too much success. 3. Make the Gates bigger or field smaller if the team in possession is having too easy of a time.

**Focus:** Attack- good angles of support, keep the space as big as possible, proper weight on passes.  
Defending- work as a group, communicate, try to score quickly when you gain possession.  
Transition- Can we get immediate pressure to the ball when we give it away? Can we score once game possession before the team that is numbers up can react?